

headband for Face Mask



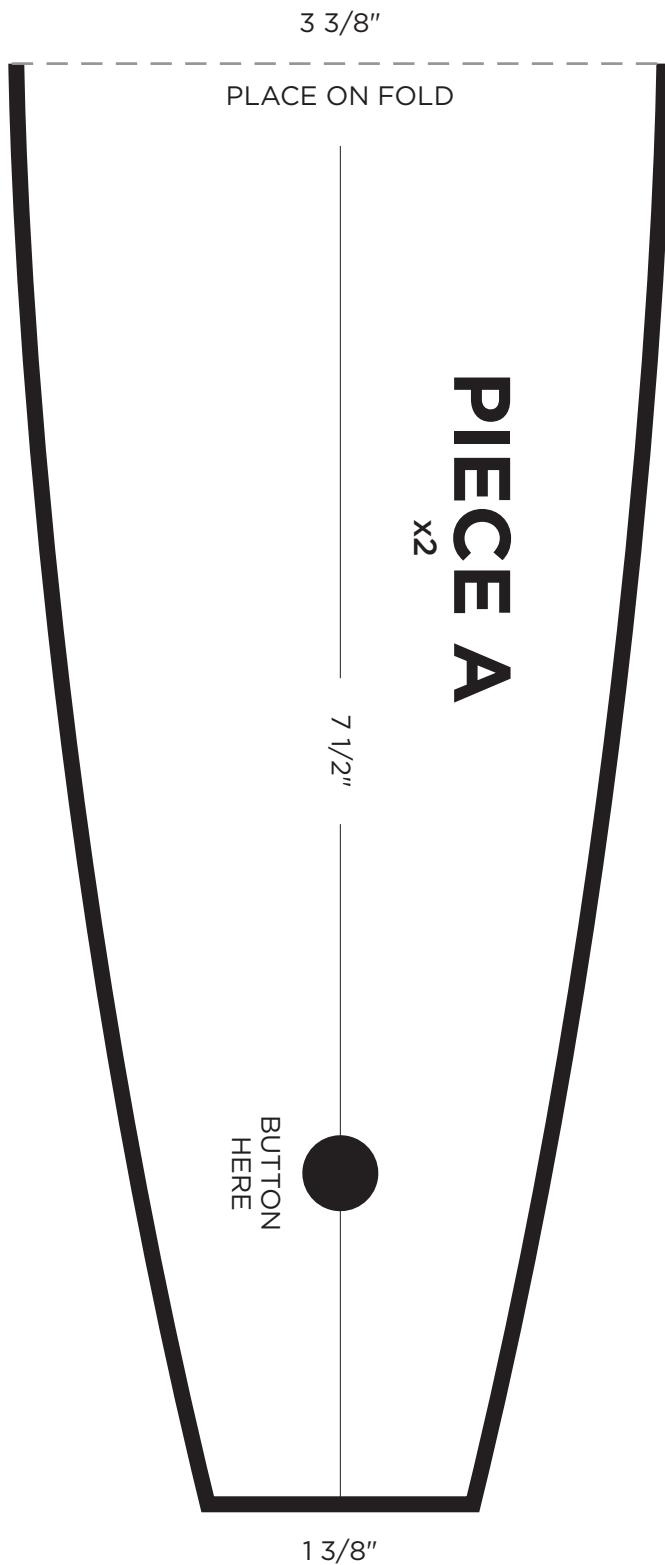
DIY a Headband
to make your Face Mask
more comfortable!



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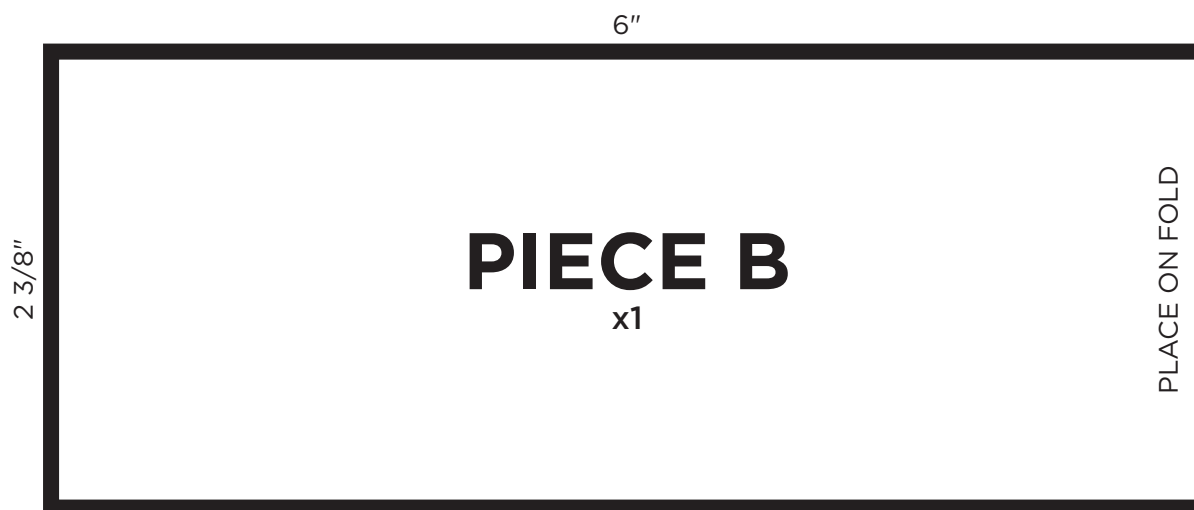
HEAD BAND PATTERN WITH BUTTON FOR MASK (1 of 2)

SCALED AT 100%
See 2 for full template



HEAD BAND PATTERN WITH BUTTON FOR MASK (2 of 2)

SCALED AT 100%
See 1 for full template



Say goodbye to uncomfortable face masks!

Wearing a face mask all day can be uncomfortable—but not when you DIY a headband with buttons. Just slip the elastic over the buttons (rather than over your ears) for all-day comfort! You'll need fabric, elastic, buttons and our free templates to get started.

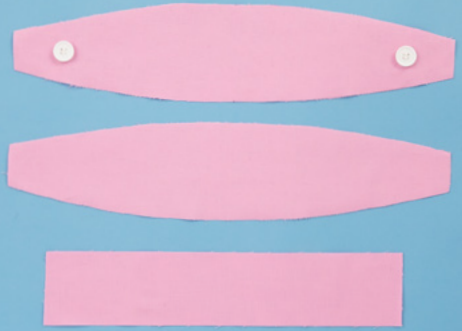
SUPPLIES:

- ¼ yd. fabric
- Elastic
- Buttons

STEPS:

1. Cut fabric according to templates.
2. On one of piece A, mark button placement and attach buttons.
3. Place A pieces right sides together and sew down each long side, using ¼" seam allowance. Turn right side out and press.
4. Fold piece B in half (right sides together) and sew along open edge, using ¼" seam allowance. Turn right side out and press.
5. Insert 6" length of elastic into piece B (adjust so that seam is in center), and stitch elastic to each end.
6. Fold one end of piece A in ¼" and insert one end of piece B into fold about ¼". Stitch across. Repeat for other end.

1-2



3



4



5



6

